



fresh produce



• seafood



• gourmet



Kanta-kun Sweet Potato Garlic Miso Mash

Ingredients

- 3 sweet potatoes, peeled & boiled
- 4 cloves garlic, roasted
- 1 tsp miso paste
- 1 tbsp butter
- Salt & pepper

Preparation

1. Mash the potatoes while still warm with the garlic, miso paste and butter.
2. Season with salt and pepper to taste.

