

Curry Maitake Mushroom Puff with Mixed Green Salad

Serves: 2 Ingredients Ingredients

Mushroom Puff

- 2 packets or 180g Yukiguni Maitake mushrooms, roughly chopped
- 1 clove garlic, chopped
- 4 tbs coconut cream
- 1 tsp curry powder
- 1 tsp chili powder
- 1 sheet puff pastry
- Salt & pepper, to taste
- Cilantro for garnish
- 2 tsp olive oil

Mixed Green Salad

- ½ cup lettuce or mixed greens, washed and torn into bite-sized bits
- 4-6 pcs cherry tomato, halved
- 2 tsp olive oil
- 2 tsp lemon juice
- ½ tsp honey
- Salt & black pepper, to taste

······ Preparation ······

- 1. Preheat oven to 180°C.
- 2. Heat olive oil in a pan and sauté mushrooms with garlic.
- 3. Add in spices and then toss with coconut cream. Season with salt and pepper to taste.
- 4. On a sheet of puff pastry, top with sautéed curry mushrooms to fill half of pastry sheet. Fold other half over and pinch down sides of pastry.
- 5. Put into oven for 10-15mins or until golden and cooked.
- 6. Top with a sprinkle of cilantro when ready to serve.
- 7. Put greens in a large bowl. Make sure greens are completely dry.
- 8. In a smaller bowl, whisk together olive oil and lemon juice until thick and emulsified. Pour in honey to mixture, whisk and blend.
- 9. Drizzle salad very lightly with dressing, just enough to moisten the lettuce. Only coating the greens very lightly.
- 10. As you toss the salad, sprinkle on salt and pepper. Taste and adjust as needed.
- 11. Top salad off with cherry tomatoes.

