




Pasta with Pumpkin Sauce

serves 2 | prep & cook time 45mins

Ingredients

-  • Korean incubator pumpkin, roasted
-  • Korean mini tomato, sliced in half & roasted
-  • ½ Korean pumpkin, cubed
- 2 cups vegetable stock
- ½ cup sharp cheddar cheese
- 1 tsp smoked paprika
- Salt and pepper to taste
- Spiral pasta, cooked
- Chopped parsley



Directions

1. Cook the cubed pumpkin in the vegetable stock until soft.
2. Once soft, take a stick blender and blend into a silky smooth sauce. Add in smoked paprika, salt and pepper.
3. Toss with pasta and cheddar cheese.
4. Add in the roasted tomatoes and sprinkle with chopped parsley.



fresh ingredients available at k fresh outlets and selected online retailers.